

# Transforming Prayer



Tuesday, July 27, 2010  
9:30 am to 1:00 pm

## Walk the Walk Breathe a Prayer with Companion in Prayer Lloyd Young

A half-day ecumenical retreat, based on the discovery that short prayers, breathed while walking alone, have life-changing power and can enhance our relationship with others as "Companions in Prayer."

We will seek to deepen our awareness of the Lord's healing presence by breathing sentence prayers, while walking in silence, listening for the Spirit's healing word.

Facilitated by Lloyd Young, author and internationally experienced retreat leader, as part of a series of retreats of special interest to older adults who seek to deepen their awareness of the Spirit's eternal presence.

For more information contact Irma Manley at (310) 377-4867 Ext. 234  
or email to [imanley@maryjoseph.org](mailto:imanley@maryjoseph.org)

COST: \$20 (\$17 if paid in full by July 20, 2010) Lunch is included.

### **MARY & JOSEPH RETREAT CENTER**

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867 Fax: (310) 541-1176  
[www.maryjoseph.org](http://www.maryjoseph.org) Email: [imanley@maryjoseph.org](mailto:imanley@maryjoseph.org)

RETREAT RESERVATION ~ Please return this form with your payment. Thank you.  
"Walk the Walk, Breathe a Prayer" Lloyd Young, Tuesday July 27, 2010 9:00am-1:30pm

NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

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