

THE SPIRITUAL EXERCISES OF ST. IGNATIUS - A RETREAT IN DAILY LIFE
APPLICATION

Name: _____

Mailing Address: _____

Home Phone: _____ Cell Phone: _____

E mail Address: _____

How do you prefer to be contacted? _____

****ALL applicants will be followed up with a discernment interview. The following questions are for information only in order to facilitate the interview process.**

What have been your past retreat experiences?

- 30-day Spiritual Exercises: Year(s): _____
- 19th Annotation: Year(s): _____
- Week-long silent, directed
- Week-long preached
- Weekend silent and/or directed
- Weekend preached
- Other: _____

What prayer forms are you currently using?

- Rosary
- Divine Office (Morning and Evening Prayer)
- Centering Prayer
- Lectio Divina
- Ignatian Prayer
- Other: _____

How often do you currently pray?

- at least 1-hour daily
- at least 15-30 minutes daily
- several times a week
- several times a month (variable)

Are you currently in ongoing spiritual direction? Yes No

How long have you been with this spiritual director? _____

If you are NOT currently in spiritual direction, have you been in spiritual direction before?

- Yes No

If yes, when and for how long were you in that spiritual direction relationship?

Please send the completed application to: Tammy Ichinotsubo-Ezzi, Mary & Joseph Retreat Center,
5300 Crest Road, Rancho Palos Verdes, CA 90275

APPLICATION DEADLINE : Applications MUST be RECEIVED by July 31st, 2010.