



Open to the still, small voice of God



Friday, February 24, 7:30 to 9:30pm

A Lenten Labyrinth: The Scriptural Stations of the Cross with Tammy Ichinotsubo-Ezzi, PhD

The Labyrinth is a walking meditation symbolizing our journey through life. Walking the path leads naturally to an inner quiet and increased ability to reflect openly with God. This Lent, walk the Via Dolorosa through the Stations of the Cross in the Labyrinth to an encounter with Christ.

Tammy is the Spiritual Development Coordinator for Mary & Joseph. She is a licensed psychologist, a spiritual director, retreat leader and certified Labyrinth facilitator. Cost: donation



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