



Grief Workshop

*Saturday, January 28, 2012
9:30 am to 2:30 pm*

Journey Through Grief

Sr. Laura Gormley, SSL



The loss of a beloved spouse, parent or other relative, or close friend sends us on a journey of grief. On this journey we struggle with our hopes and fears, our longings and expectations, as we learn to accept our new way of being and move

forward with our individual lives. We will explore ways that may help us along this path.

Cost: \$45 (\$40 if paid in full by January 20) Lunch included.

To register, contact Irma at (310) 377-4867 ext 234
or email her at imanley@maryjoseph.org

MARY & JOSEPH RETREAT CENTER

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